

Redline Cheer and Dance 2023-2024 Rec Cheer Options

Follows OCS
Competitive
Rec Rules &
Scoresheets

Redline
Performance
Rec

All Star Gyms
who wish to
compete on the
Competitive Rec
Scoresheet
against other All
Star Gyms.

OCS
Competitive
Rec

Boys & Girls
Clubs, YMCA,
Pop Warner,
Not Affiliated
with an All
Star Gym.

OCS -Traditional/
School Rec:
Follows Rec Age
Grid but Follows
School Guidelines
and Rules

Follows OCS
School Rules
&
Scoresheets*

Novice
Interm.
Advanced

Cheer
Performance

Non Crowd
Leading
Cheer
Encouraged

2:30 Time
Limit, 1:30
Max Music

Performance

2:30 Time
Limit All
Music
Routine

Game
Performance

Signs,
Megaphone,
Poms
encouraged

2:30 Time
Limit, 1:30
Max Music

